

# PUERTO RICO

RHYTHM, MUSIC, SERVICE



Puerto Rico is a proud island nation rich with cultural traditions, abundant wildlife, stunning beaches, and the only tropical rainforest in the U.S. National Park system. Rhythm and music, Caribbean Spanish, breathtaking natural beauty, and delicious traditional cooking make Puerto Rico an exciting first-step travel destination for high school and middle school students. This program offers students the perfect combination of fun in the sun, outdoor adventure, leadership training, and cultural exploration.

## HIGHLIGHTS

**Night kayak** in a bioluminescent bay.

**Snorkel** on the island of Vieques, just off the coast of Puerto Rico.

**Canyoning, hiking, climbing,** and zipline adventures in the Toro Negro Rainforest.

**Surf with the best** surf instructors in the Caribbean.

**Lead rewarding** community service projects in Utuado, Toro Negro, and Aguadilla.

**Design and lead** a Windsor Mountain-style Friendship Camp with Puerto Rican kids.

**Get a taste of “real life in Puerto Rico”** by participating in fun activities with Puerto Rican peers.



# PUERTO RICO DETAILED ITINERARY

## IN-COUNTRY ORIENTATION

Begin your exploration of Puerto Rico in Old San Juan, for your groups' orientation. There you will get a taste of Puerto Rican culture, get to know your group mates and leaders and review your trips itinerary. Orientation commences with a ferry ride to Vieques.

## COMMUNITY SERVICE AND CULTURAL EXCHANGE

The community service component of your program will begin in Vieques, where you will gain knowledge about the history and current events of Vieques, and learn about Puerto Rican culture by volunteering in a community center for The Fort Conde Museum. While in Vieques you will get your share of adventure through snorkeling, swimming and kayaking on a bioluminescent bay.

## TRAVEL ADVENTURES

Adventure begins in the Toro Negro Rainforest, where your group will push their limits as you go canyoning and ziplining through this lush tropical paradise. You will also tie in another service component at Las Casas de la Selva doing eco-service, and finally hitting the waves on surf boards in Aguadilla. Your program will then travel to Viejo San Juan to explore the quaint cobbled streets of Old Town, and take a travel group photo at El Morro, a classic Spanish Fort. All good journeys must come to an end, so to make sure the group is able to trade stories, laugh till your sides hurt, and make plans to integrate all you've learned during your experience abroad.

## THE BASICS

**Dates:** TBD.

**Starting/Ending Point:** San Juan, Puerto Rico

**Program Fee:** TBD, depending on size of the group.