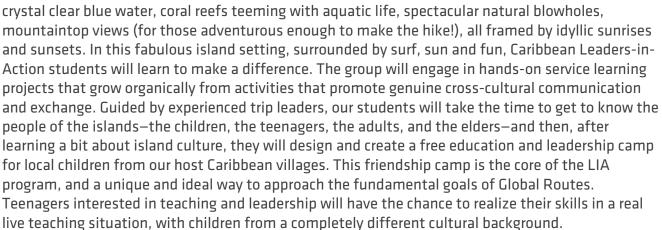
THE GRENADINES

Building Bridges in the Caribbean

Leaders in Action (LIA)

The Caribbean islands are breathtaking: white sand beaches,



HIGHLIGHTS

Discover, explore, and enhance leadership and teaching skills by **creating and leading a two-week Friendship Camp** for the island children.

Work with Peace Corps volunteers on **community service projects**.

Swim, snorkel, hike, and explore the natural beauty of the islands.

Get a taste of 'real Caribbean life' by **immersing in the culture** of the small inland town of Lauders.





THE GRENADINES DETAILED ITINERARY

ORIENTATION IN ST. VINCENT Reunite with old friends and new in Kingstown, St. Vincent and the Grenadines. Once there, you will begin orientation, with team building and initiative games and then meet with local contacts and Peace Corp Volunteers for an introduction to the Caribbean- Island Culture 101.

COMMUNITY SERVICE & CULTURAL EXCHANGE, ST. VINCENT

After a few days in Kingstown, your group will travel to the small inland town of Lauders and settle in to life on 'island time'. While there, you will explore the hidden culture of the island by meeting new people, trying new foods, mastering Caribbean cooking with local families, and learning to work efficiently as a group. Activities include swimming, bodysurfing, hiking La Soufriere Volcano, visiting the Majestic Owia Salt Ponds, and relaxing at the beach. Based on what you have learned about the island, you will work together as a team to design and lead a Friendship Camp for children in our group's longtime host community. The activities will range from field games, theater, sports and arts and crafts. Your group will build on this rich Friendship Camp tradition by making this camp your own!

FINAL TRAVEL AND ADVENTURE IN BEQUIA

After completing your service project, the group will take the ferry to Bequia, a small island just south of St. Vincent to celebrate all that you've accomplished, the group will embark on a cruise on the classic Caribbean Schooner, the Friendship Rose, volunteer at the Old Hegg Sea Turtle Sanctuary, snorkel in colorful coral reefs and unwind at the breathtaking beaches of this idyllic island.

THE BASICS

Dates: TBD
Tuition: TBD

Approximate Group Size: 9-18 students and 2-3 professional leaders

Starting/Ending Point: Kingstown, St. Vincent

Estimated Flight Costs: USA-Kingstown, St. Vincent: \$900-\$1,500

Accommodations: Group Living, Hotel, Homestay